# Attitude of Gratitude TREVISTA: BRIE, ANGELINE, JOSE

# What is Gratitude?



To be grateful and show support and return kindness.



Thankfulness



Appreciation

How can we express gratitude?



Listen



Compliment



Eye contact



Saying "Please" & "Thank You"



Be there for someone



### Let's show our gratitude!

For this project you'll need:



Blank piece of paper



Markers, Crayons, Paint, or a Pen/Pencil

#### Our tree of gratitude!



First you want to draw a tree as big or small as you please.



We will then add some leaves.



In these leaves, you will add things that you are grateful for.

It could be things that make you smile, things that make you feel important or what gratitude means to you.



#### Get creative!

- Add as little or as much as possible.
- You can also go outside and find some tree branches and make a tree.
- On these branches tie paper leaves to them.
- Place it in a jar.

#### Show us your work!





For any more ideas...



https://www.leadingedgekids.com/kidszone/



## Goodbye!

WE MISS YA!